



Custom Move Solutions

When the boxes are gone and the pictures are hung, it's Home

www.custommovesolutions.com • 650-343-5889 Office • 415-990-3810 Mobile

Donate and Recycle

Surplus Medicine

As much as \$1M worth of prescription drugs go to waste each year in San Mateo County because patients die or their medications are switched. **DO NOT FLUSH YOUR OLD MEDICATIONS!**

Peel off the prescription information or blacken with a permanent marker.

Confidential Pill Disposal Program where medications are collected every day: County Office, 400 County Center, 3rd Floor, Redwood City, Ca 94063

Confidential Drop-off Containers at Police Departments in: Atherton, Belmont, Burlingame, Daly City, Hillsborough, Millbrae, Pacifica, San Bruno, San Mateo, South San Francisco

Art Donations

If you donate to a charity and the charity sells the item, you can only deduct the charity's proceeds amount. If you donate the art to a museum, you may be able to deduct the full appraised value.

In order to donate art more than \$5,000.00, you will need the following:

1. A complete description of the object, indicating the: Size, subject matter, medium, name of the artist (or culture), and approximate date created
2. The cost, date and manner of acquisition.
3. A history of the item, including proof of authenticity.
4. A photograph of a size and quality fully showing the object, preferably a 10 X 12 inch print.
5. The facts on which the appraisal was based, such as:
 - a. Sales or analyses of similar works by the artist, particularly on or around the valuation date.
 - b. Quoted prices in dealer's catalogs of the artist's works or works of other artists of comparable stature.
 - c. A record of any exhibitions at which the specific art object had been displayed.
 - d. The economic state of the art market at the time of valuation, particularly with respect to the specific property.
 - e. The standing of the artist in his profession and in the particular school or time period.



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Charity Pick Up – PARCA – Serving people with development disabilities

Accepted

Clothing & Accessories
Shoes & Purses
Linens, blankets, towels, sheets, etc.
Drapes & Curtains
Fabric, thread, patterns
Small appliances
Arts and crafts items
Bicycles
Electric Heaters
Glassware, dishes & china
Jewelry & knick-knacks
Luggage
Pictures & Wall Hangings
Pots, pans & silverware
Small household items (clocks, vases, etc.)
Sporting goods (balls, racquets, gloves, etc.)
Stereos, TV's (19" max)
Computers, monitors (Limit 2)
Tools (hand & power)
Toys & games of all kinds
Lamps

Not Accepted

Large Appliances
Furniture
Barbecue Grills
Books or Magazines (textbooks, encyclopedias, etc)
Box springs
Building supplies
Car parts
Carpets, area rugs
Aquariums (over 7 gallons)
Jars
Lawn mowers
Mattresses
Mirrors
Plumbing supplies (toilets, bathroom fixtures)
Recyclable items (medical supplies)
Venetian blinds
Wire hangers
Car seats
Skis
Strollers (No baby equipment, cribs, bedding)
Gym Equipment
Large musical instruments (pianos, etc)
Ping Pong or pool tables
Personal video tapes